

## SPF SIG Evidence Based Interventions Workgroup

### Meeting Minutes

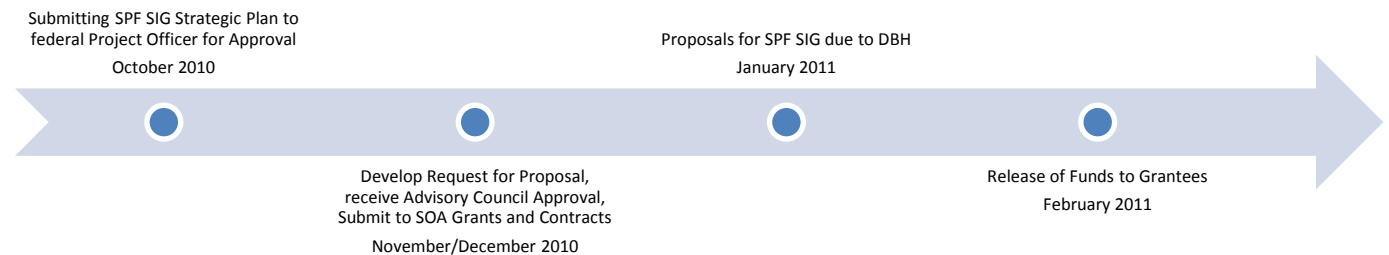
1:30-3:30 PM on October 19<sup>th</sup>, 2010

In attendance for this Evidence Based Interventions Workgroup was the following: Genevieve Casey, Shirley Holmberg, Natasha Pineda, Gary Ferguson, Rebecca Busch, Mary Sullivan, Mike Sobocinski, Jodi Barnett, and Devon Urquhart

❖ **Each of the participants introduced themselves and their respective agencies**

❖ **Review of what has been completed to date:**

- Our priority areas have been identified; the SPF SIG has 2 priority areas listed below
  1. Youth Alcohol Consumption (ages 12-20)
  2. Adult Heavy and Binge Drinking (ages 21-44)
- The SPF SIG Strategic Plan is in the process of being written and sent to our Project Officer, Allan Ward, for approval.
- Listed below is a timeline for the SPF SIG.



❖ **What is Evidence Based?**

The SPF SIG Program specifically required implementation of evidence-based interventions. Evidence based interventions are defined in the SPF SIG Program by inclusion in one or more of the three categories below:

1. Included in Federal registries of evidence-based interventions, such as NREP
2. Reported (with positive effects on the primary targeted outcome) in peer-reviewed journals; or
3. Documented effectiveness supported by other sources of information and the consensus judgement of informed experts (as specified in the Guidelines that follow—please reference page 14 of the document titled Identifying and Selecting Evidence-Based Interventions in tab 7 of your SPF SIG binder)

❖ **What are the 5 steps which the Strategic Prevention Framework utilizes?**

1. **Assessment:** Profile population needs, resources and readiness to address needs and gaps.
2. **Capacity:** Build capacity at State and community levels to address needs and problems identified in the Assessment stage.
3. **Planning:** Develop a comprehensive strategic plan. At the community level, the comprehensive plan articulates a vision for organizing specific preventions programs, policies and practices to address substance abuse problems locally.
4. **Implementation:** Implement evidence based prevention programs and activities.
5. **Evaluation:** Monitor implementation, evaluate effectiveness, sustain and improve or replace those that fail



What is the Role that the EBI Workgroup and what is the Evidence Based Interventions Guidance Document?

We recently inserted the following summary into the SPF SIG Evidence-Based Interventions Workgroup page, which will be live on the SPF SIG web page soon:

*The primary purpose of the Evidence Based Interventions (EBI) Workgroup is to establish a process to aid SPF SIG community grantees in selecting the best substance use prevention strategies for their unique community, based on evidence of success, and to assist communities in reaching the outcomes identified as priority for their community. A key outcome of the workgroup is the creation of a guidance document to be used by community grantees in selecting the most effective and appropriate intervention strategies for their community based on their unique culture, level of readiness, and identified substance-use prevention goals. Given the diverse cultural and geographic characteristics of Alaskan communities, the EBI workgroup will dedicate significant time to issues around modifying or adapting evidence-based interventions to meet community needs and defining what evidence of effectiveness means for traditional and cultural practices in Alaska. Another role of the workgroup is to provide guidance and review grantee strategic plans during the Step 3 approval process and determine whether there is sufficient evidence behind the interventions selected and submitted by communities.*

As noted in the summary above, the EBI Workgroup will create a guidance document, which will include approximately 6 chapters. The purpose of the document is to help guide grantees through the evidence-based interventions selection process. Workgroup members emphasized the need for this guidance document to be reader friendly and not focus on academic verbiage. An intern assisting Jodi Barnett, co-chair of the EBI Workgroup, in this endeavor will make note of this and the Guidance Document will be reviewed by the Workgroup before finalizations are made. Workgroup members will participate in the creation of the document; co-chairs Mike Sobocinski and Jodi Barnett will create the introduction and Chapter 1 of this document and submit it to the workgroup for review before our November meeting. Strategies will be environmental in their focus.

### ❖ Questions and Answers

Q: How often will we meet once the document is finished?

A: Co-Chairs envision meeting once a month to review interventions, implementation

Q: When will the Guidance Document be finalized and available to grantees?

A: The Guidance Document should be available in early May.

Q: Should we include the CADCA resource listed below in our resources section of the Guidance document?

A: The workgroup came to the consensus that this would be a good reference.

### ❖ Resources

CADCA currently has an environmental strategies workbook; alcohol policies and strategies are reviewed, ATOD strategies for prevention and gives case examples.

### ❖ Next Meeting

The EBI Workgroup will meet next in Fairbanks, Alaska, on October 25<sup>th</sup> and 26<sup>th</sup> to receive training on documenting Traditional Evidence Based Interventions in Native communities. To receive more information on this training, please contact Devon Urquhart at [devon.urquhart@alaska.gov](mailto:devon.urquhart@alaska.gov).